

UGANDA MARTYRS UNIVERSITY
SCHOOL OF ARTS AND SOCIAL SCIENCES
DEPARTMENT OF DEVELOPMENT STUDIES
BACHELOR OF SOCIAL DEVELOPMENT AND COUNSELLING

YEAR III: 2023/2024

END OF SEMESTER I EXAMINATION

BSDC3205: OCCUPATIONAL / CAREER GUIDANCE AND COUNSELLING
NKOZI, MASAKA AND RUBAGA CAMPUSES

DATE: WEDNESDAY 13TH DECEMBER, 2023

TIME: 2:00PM-5:00PM

INSTRUCTIONS:

Attempt only four Questions choosing two questions from each section.

All Questions carry equal marks.

Do not write anything on the question paper.

Begin each answer on a fresh page.

For more information, refer to the back of the answer booklet.

SECTION A

Question 1.

1a). What is career development? (6marks)

1b). Establish the assumptions of trait-factor theory and their application in the field of work.
(19marks)

Question 2.

2. Brian has two children, a spouse and five other dependants. He has completed five years of teaching and is not getting enough money but wishes to go back to school on self-sponsorship. Brian is aware of the fact that the ministry of education will not raise salary for the next 5 years and will not be promoted. If he decides to go to school, the home will be deprived of financial support for 3 years.

a) How can you help this person to raise fees and at the same time raise family support for the home? (13 marks)

b). Which theories do you think would be the most appropriate in handling Brian's situation?
Give your reasons. (12 marks)

Question 3.

3a. Establish the emotional difficulties that people encounter in their mid-life. (6marks)

b). What are the causes of career change in midlife? (12marks)

c). Explain the effective strategies for career change. (7marks)

Question 4.

4a) According to Holland (1985), career choice is an expression of personality into the world of work. How does Holland fulfill this statement? (12marks)

b). What is the relevance of studying 'Organizational, career guidance and Counseling' course under social development and counseling programme? (13marks)

SECTION B

Question 5.

5. "Uganda's job scarcity is associated to its education development/history" Discuss the validity of this statement. (25marks)

Question 6.

6. Identify Donald Super's (1954) development stages and give your professional advice about each of the stages identified. (25 marks)

Question 7.

7a). What is a Career barrier? (4 marks)

b). Identify the different types of Career barriers. (5marks)

c) Explain with examples how the above types of career barriers can affect an employee.
(16marks)

Question 8.

8a). Using relevant examples, discuss the two approaches of coping with career barriers.
(11marks)

b). As a community Counselor, discuss how you would help members of your community to search for jobs. (14marks)

END