

UGANDA MARTYRS UNIVERSITY
SCHOOL OF ARTS AND SOCIAL SCIENCES
DEPARTMENT OF DEVELOPMENT STUDIES
Post Graduate Diploma in Counseling Psychology

Year I: 2023-2024

PGDCP 2101: Ethical and Professional Issues in Counseling

End of Module Examination

Date: Friday 24th May, 2024

Time: 2: 00pm 5:00pm

INSTRUCTIONS;

- This paper contains six questions. Attempt only four questions. All questions carry equal marks.
 - Do not write anything on this question paper
 - Start each number on a fresh page
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Question 1.

1. At a Restaurant, you see your friend's wife engaged in some serious flirting with another man. Do you tell your friend and ruin his marriage or you pretend you never saw that? Justify your response.
(25marks)

Question 2.

- 2). Clara is a new fresh out of university counsellor offered a job at Mindful Counsellors an organization that offers group, one-on-one and online counselling services.
 - a). Identify examples of ethical dilemmas that may arise while she is at work and how they can be resolved? (15 marks)
 - b). How can she navigate dual relationships with clients while maintaining ethical boundaries? (10 marks)

Question 3.

3). Discuss the personal moral qualities of the helper and how they influence the therapeutic relationship between the counselor and the client? (25 marks)

Question 4.

4a). What are the key principles outlined in the Uganda Code of Conduct for Counsellors (UCA) and how do they guide the professional conduct of counsellors? (14marks)

b, What specific ethical dilemmas or challenges might arise for mental health counsellors in Uganda when adhering to the Uganda Code of Conduct for Counsellors (UCA)? (11marks)

Question 5

5). Grace is a Counsellor who works for a specialist Agency supporting adult survivors of sexual abuse. His client, Penina, discloses abuse perpetrated by a family friend when she was eight years old. She has recently discovered that the alleged abuser has moved in with her aunt, who has a child – a boy aged 11. Penina has never disclosed her abuse to her family and does not wish to do so now. The agency policy is to provide total confidentiality to clients, apart from when legally obliged not to do so. Penina minimises any current risk and states that she only told Grace because of the agency policy to protect her confidentiality.

Should Grace pass on her concerns about child protection? Justify your response.

(25marks)

Question 6.

6). Discuss the concept of Counsellor supervision and its impact to the Counselling profession. (25marks)

END